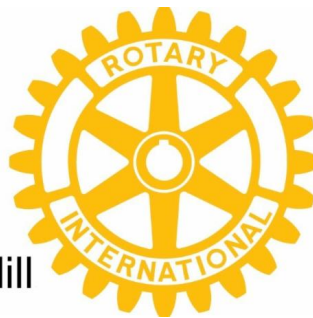


Rotary

Rotary Club of Pleasant Hill



The PLEASANTREE
MAY 30, 2025



[CLICK HERE TO CHECK OUT OUR WEBSITE](#)

THIS WEEK'S MEETING

Tom McHale Room

Pleasant Hill Community Center

TERRY MULLIN

PACE HEALTH CARE

Gather 12:15 PM Meeting Starts 12:30 PM



**BBQ, Bevs & Big Smiles at
Steven's Printing! ☺ ☐ ☐**

Last Thursday afternoon, we turned up the good vibes at **Jeff Clark's** business, **Steven's Printing**, for a lively happy hour! ☐

☐ ☐ ☐ The spread did not disappoint—an impressive lineup of liquors, wine, and beer perfectly complemented the mouthwatering pulled pork sandwiches, potato salad, mac salad, and coleslaw from **Back 40 Texas BBQ** (big thanks to Angela!).

Despite the cool and cloudy skies, the fellowship was anything but chilly—smiles, laughter, and great

conversation kept the atmosphere warm and welcoming. It was the perfect way to wrap up the day and slide into the weekend.

Huge thanks to **Jeff** for hosting, **Mike Maxwell** for coordinating the delicious eats, and **Angela** and her crew at **Back 40 Texas BBQ** for the amazing food!



MAY BIRTHDAYS





LISA ZARAGOZA
MAY 2



**BONNIE
HAZARABEDIAN**
MAY 4



MIKE MAXWELL
MAY 30



MAY ANNIVERSARIES



**BOB & DONNA
BERGGREN**
MAY 5



**KEN & EILEEN
HOUSFELD**
MAY 11



**MICHAEL & DAWN
HARRIS**
MAY 28

Upcoming Events

Rotary



Activity Schedule

THUR
MAY
1

REGULAR MEETING
Terry Mullin
PACE Healthcare

Fri-Sun
MAY
2-4

DISTRICT 5160
CONFERENCE
Marriott Hotel
San Ramon

THUR
MAY
8



SPECIAL WORK MEETING
Stephanie Prescott
LadyBug Program
LadyBug Kit Assembly

THUR
MAY
10



BARK IN THE PARK
10AM - 2PM
Pleasant Hill Park

TUE
MAY
13

BOARD MEETING
WiseGirl Restaurant
5PM

THUR
MAY
15

REGULAR MEETING
Dresda E. Mendez de la Brena
Women Forward International

Sat-Sun
MAY
17 & 18



Art Music and Wine
DOWNTOWN
PLEASANT HILL

What's Happening

THIS WEEKEND



A "DON'T MISS" District Conference

RE/CONNECT 2025

OUR ROTARY FAMILY REUNION

May 2-4, 2025

FORCE MULTIPLIERS FOR GOOD!

REGISTER HERE TODAY!!!



RE/CONNECT 2025 AT A GLANCE

It's time for a big, spectacular, awe-inspiring



Never been to a Rotary District Conference?

Now's your chance!

Your Board of Directors has approved a special District Conference Subsidy Program just for you! **ANY club member** who has been member of our club for less than 10 years but has never attended a Rotary District Conference are will receive 50% off their 2025 D5160 Conference registration — that's up to \$192.50 in savings!

Interested? Just let Prez Diane know you'd like to apply. Don't miss this awesome opportunity to experience the fun, inspiration, and fellowship of a district conference!

Special Guests and Keynote Speakers



SYLVIA WHITLOCK

Educator, Humanitarian and Rotary Pioneer



WILLIAM K. WESLEY

National Financial Lecturer, Life Coach, Management Trainer, Keynote Speaker & Author



ROBERT BREWER, JR.

*US Attorney, Southern District of California, 2019-21
Airborne Ranger, Vietnam*



BROOKE DETERLINE

*Founder & CEO of Courageous Leadership
TEDxTalk: Bridging Divides*



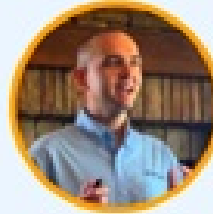
DR. ANNE MATTHEWS

*RI President's Representative
Educator, Author,
Public Speaker*



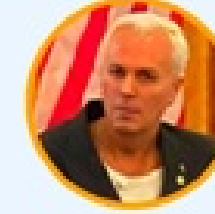
DENNIS KYRIANOS

*Conjuring Wonder
Professional Magician, Speaker,
Actor/Director/Writer, Martial Artist*



ROBBIE MESSER

*Founder, Autism Quest
Accept, Understand, Teach,
Inspire, Support & Motivate*



BRIAN RUSCH

*CEO of Out for Equality
Vice Chair, RI's Joint Advisory
Council for DEI*

Break-out Session 1 - 9:45-10:30 am

Women Pioneers - Rotary and Beyond

Sylvia Whitlock

Anne Matthews

Brian Rusch moderates a discussion with Sylvia Whitlock, the first woman Rotary Club President, and RI Representative Anne Matthews, the first woman to serve as Executive Vice Presidents on the Rotary International Board.

Are You Happy?

Author, national speaker, content creator and fellow Rotarian, William Wesley, knows the importance of well being for ourselves, those we love and those we serve. Explore the four factors of daily happiness that enhance our joy.

The Children's Foundation

Learn about the work the Foundation is doing in Uganda Africa to change the lives of children, women and villages. All programs can be shared and duplicated in developing countries. Their motto? "A hand up, not a hand out."

Positive Peace is a Super Power

This session focuses on harnessing the power of positive peace. See how the 8 pillars of positive peace can be used to build stable and resilient environments that can withstand and mediate the conflicts that are the human experience. - personal, professional and societal.

Break-out Session 2 - 10:45-11:30 am

Becoming a Voice for the Voiceless

Be inspired by award winning filmmaker Paul Freedman as he shares his journey of

bringing a voice and face to human rights struggles around the world. His stories bring out the humanity of people facing genocide, coping with PTSD, losing a parent, struggling to make a life living on the streets, and so much more.

Changing the world one Teen at a Time

Youth Exchange is where Rotarians build peace through goodwill and friendship every day! Hear from our now and future peace builders as they share their experiences and impressions exchanging with the US from Germany and Bolivia; Taiwan from the US; and getting ready to head out to France..

CIVIL DISCOURSE

How can we connect or reconnect with those with different opinions and viewpoints of matters big and small? In our homes, our places of employment, with friends and colleagues alike? Listen and HEAR! Civil Discourse is an undertaking Dan leads monthly in his Rotary club. Learn their secret!

What is AI? (Hint: It's not Allen Iverson)

Is it time to learn a little bit more about Artificial Intelligence (AI)? Maybe see in real time how AI can make every day tasks we undertake as Rotarians quick and easy? If you have a fundraiser to plan, are searching for new service project ideas, or developing a new membership plan - This session is for you!

Building a more vibrant, inclusive rotary

Learn about Rotary's commitment to diversity, equity & inclusion from a founding member of Rotary's DEI Join Advisory Council. Learn how to gauge where your club is on its journey of inclusion, how we can meet club members where they are, and how we can all do something so people feel they belong.

Break-out Session 3 - 1:45-2:30 pm

The Wheelchair Foundation

Have you ever distributed wheelchairs to those in need? Hear stories from those that have and be ready to sign-up! Through District Governor Dan's embrace of wheelchair distributions for our 2024-25 International project, our members have raised funds, matched by the Foundation, to fill 5 containers of chairs.

Healing our divides

Through demonstrations and practice, participants will see how evidence-based tools to lower distress and strengthen connection & goodwill, as learned during lunch, work to build connections across our differences - whether those differences are personal, professional or societal. Practice connecting conversations from your own life to support

The Philippine medical Society

Partnering with other organizations that share our goals is one critical way to expand our reach and increase our impact. The Philippine Medical Society of Northern California is one such organization. Learning about their history and good works, as you imagine the power of connections. Teaser: Do you know the role the Philippines played in our Polio eradication efforts?

A mother's journey with autism

Learn through Margaret's unique perspective as she shares the challenges of raising a child with autism. Her son, Robbie Messer, will be joining her. Robbie,

Pleasant Hill **NIGHT MARKET**

*Inaugural + AANHPI
Celebration*

MAY 2, 2025

5:00-9:00 PM

CHILPANCINGO PARK

PLEASANT HILL, CA

IG: @pleasanthillnightmarket

JOIN US FOR A FUN EVENING

FEATURING 50+ VENDORS,

FOOD, BEVERAGES, LIVE

CULTURAL PERFORMANCES,

AND MUCH MORE ...



Additional event parking at DVC

**NEW! Bark
In The
Park (FREE)**

Saturday,



**May 10,
10:00 am-2:00
pm
Pleasant Hill
Park,
147 Gregory
Lane**

Get ready for tail-wagging fun! Join this free celebration of all things canine, featuring local vendors, food trucks for humans, and adorable adoptable pets looking for their forever homes. Enjoy a day filled with canine activities, food & treats, and paw-positive vibes for the whole family, Fido included. Attending dogs must remain on a leash at all times. **FREE** to the public



**21st Annual
Art, Wine &
Music Festival
May 17 & 18th,**

**Saturday & Sunday
Booths, Vendors &
Entertainment from 10
AM to 6 PM
SPECIAL SATURDAY
EVENING CONCERT
AT 6:30 PM**



Rotary International President Stephanie Urchick

District 5160 Governor Dan Gerald

District 5160 DV8 Assistant Governor Cathy Durfee

Rotary Club of Pleasant Hill Board of Directors 2024-25

President Diane McRice **President Elect** Jocelyn Reite

Past President: Michael Moore **President Elect Nominee** Michael Kasin

Club Treasurer: Kim Grossberg

PHR Foundation Chair Mark Hinds **TRF Chair:** Jim Bonato

Secretary - Michelle Lacy

SGT at Arms: Lou Rossi & Jan Passanisi

Membership Co-Chairs - Allen Vinson & Mike Maxwell

International Service Chair: Susan Wood

Environmental Service Chair: Bonnie Hazarabedian

Community Service Chair: Bonnie Hazarabedian

Youth Service & Interact: Matt Rinn & Troy Jones

Public Image: Faye Donaghu

Vocational Service Chair: Jeff Clark

Social Chair: Cara Leyva

Action Plan Champion: Mike Maxwell

Newsletter Editor: Steve Lack **Historian:** Jim Nunes



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